

TRAVEL LESSON PLAN A (Completed Sample)

Student: Krystal *School Year:* 2004-05 *Area of Need:* Travel

Annual Goal: Krystal will independently move her wheelchair short distances during activities occurring throughout her daily schedule.

Activity Setting: Hospital

Activity Environments: Prep in classroom; taxi riding; set up, work & clean up in hospital Central Supply; snack purchase in cafeteria; and, travel in and across environments.

Activity Sequence:

- Arrive at worksite
- Go to job location
- Set up for work
- Work at unpacking supplies
- Clean up area
- Go to cafeteria
- Purchase snack
- Eat snack
- Prepare to depart
- Return to school

Activity Objectives:

1. Independently bear weight during transfers in and out of wheelchair
2. Independently wheel through doorways
3. Independently wheel up to and onto elevators from a distance of 6 feet
- **4. Independently wheel to and from work table in Central Supply**
- **5. Independently wheel between work table and supply of boxes**
6. Independently wheel up to cashier at the end of the cafeteria line
7. Independently wheel to trash and dispose of snack waste

Activity Timeline:

- 12:20 prep for work
- 12:30 cab arrives
- 12:45 check into volunteer office
- 1:00 travel to Central Supply area
- 1:10 set-up work site in Central Supply
- 1:25 begin work
- 2:00 clean-up work site
- 2:10 go to cafeteria for break
- 2:30 leave cafeteria
- 2:40 cab pick up
- 2:55 return to the school

Activity Materials:

Box stabilizing adaptation	Clear packing tape	**Data sheet A
White requisition sheet	Pink volunteer sheet	Snack cover up shirt
Spoon with enlarged grip	Yogurt ordering card	Wallet with \$1.00
Black workbag	Taxi cab voucher	

Activity Schedule: Monday and Wednesday afternoons.

****Collect data on Objectives 4 & 5, one day every other week, see data sheet**